



RECLAIMING OUR HEALTH

Building Resiliency, Through Community

Work Group Description

Work groups develop and implement specific parts of the initiative working with the Planning Committee and the community. Unlike the Planning Committee, work groups produce the ideas and tools necessary for workshops and events, and focus on smaller projects for the overall Reclaiming Our Health Initiative. Work groups will be decided by the groups and individuals participating, and will continually grow. Work groups are responsible for the short term projects and events implemented during the Reclaiming Our Health initiative period.

Work group goals are as follows:

- Develop and implement key pieces of the initiative supported by the Planning Committee following community input and informed by the core values of community engagement, such as equal leadership and respectful engagement among all working group members.
 - For example: Within a four-month time frame, develop a multi-agency community plan to increase capacity for depression services in the community. This plan could include training for providers from diverse disciplines in evidence-based and innovative practices to help people living with depression.
- Review the Work Group's action plan with the Planning Committee and present to the community for further input to finalize an approved action plan.
- Implement the approved plan as well as regularly reporting back to the Planning Committee and community. To work with the Planning Committee in evaluating fidelity to community engagement processes and continuing community trust and sustainability for partnerships and programs.
- Take notes and summarize key points on flip-charts. Key themes can then be summarized in an end-of-conference discussion, enhanced by leader review of notes and flipcharts.
- Disseminate to the broader community the lessons learned, programs developed, evaluation findings and impact. Work with the Planning Committee to plan and implement broader dissemination of the lessons learned by our initiative.

Work group structure: work groups will have two co-chairs (volunteered) who will guide and facilitate the conversations, event planning, and action items for the group. One member of the work group will be responsible for keeping and sharing meeting minutes with their respective groups, as well as the Planning Committee. Staff members from the Arab-American Family Support Center, will attend all working group meetings to provide support and guidance.